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HOLY CATSUIT, BATMAN!

RICHARD CROUSE PICKS THE MOST PURR-FECT VILLAIN OF THEM ALL PAGE 9

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Wednesday, July 18, 2012
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Make your prosperity pitch

From multimillion-dollar ventures to fairly simple suggestions, councillors will consider all our ideas on Wednesday and Thursday in public meetings at city hall council chambers. PHOTO ILLUSTRATION: ANGELA MULLINS/METRO

Development. From grand plans to baby steps, Londoners have no shortage of ideas for the city's future

ANGELA MULLINS
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Hey, Londoners: Strap on your visioning goggles and try these ideas on for size:

- An amphitheatre at the Forks of the Thames.
- A 30,000-square-foot expansion at the John Labatt Centre with enough room to house a Sports Hall of Fame.
- A big renovation to keep the London Convention Centre competitive with other venues.
- A casino with space for performers instead of just slot machines and table games.
- A new 1,200- to 1,400-seat downtown music venue to replace Centennial Hall.

These are some of the new economy-sparking suggestions under consideration at city hall. Council's investment and economic prosperity committee will discuss the ideas — and about 25 more — during two days of meetings that start at 9 a.m. on Wednesday at city hall.

The meetings are the second and third parts of public sessions that started in June. During the first meeting, councillors fielded similar ideas from other groups, including an expensive proposal for Western University to take over city hall for a downtown campus.

The proposals on this week's agendas range from huge multimillion-dollar undertakings to things more along the lines of, "Hey, have you thought about this?"

That's exactly what officials wanted, said Coun. Joe Swan, who chairs the committee.

"We have diversity, a cross-section of ideas. We have everything from mom-and-pop-style entrepreneurship to major institutional transformation," he said. "We're delighted with the results. The energy people are bringing is exciting."

The renovation proposed for the London Convention Centre alone could cost the city $5 million to $25 million, general manager and CEO Lori Da Silva says. The new downtown music venue pitched by Orchestra London and its partners needs $10 million in city funding.

Smaller proposals include forming a Destination Arts partnership that would draw people to London for youth arts education; building an eco-parking lot with discounts for people who carpool; pumping technology into downtown that tells drivers where they can find empty parking spaces; extending transit routes in industrial areas; and starting a buy-local campaign.

Read them all — or offer your own suggestions — at london.ca.

What's next

- All proposals considered since the first meeting in June will be ranked and evaluated.
- Some are expected to make it into a long-term prosperity plan due this fall.
- The plan will include suggested sources of funding.

Follow Angela Mullins on Twitter @MetroAngela

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Two sidewalk cafés will do: City

Downtown London. No additional sidewalk patios expected this summer, according to program leaders

ANGELA MULLINS
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One's lonely. Two's a pair. And three? Well, that just might make a crowd.

That's the way officials at Downtown London are looking at the early results of a pilot program for sidewalk cafés on select streets. About two months in, the owners of Dundas Street's Jambalaya and Talbot Street's Nite Owl/Early Bird Café are the only restauranteurs participating.

Kathy McLaughlin, program co-ordinator at Downtown London, doesn't expect others to crop up before the end of summer, despite a handful of businesses that initially showed interest.

But, McLaughlin said, two patios — built in parking spaces the businesses owners are renting from the city — are plenty to test the waters. A resolution approved by council in May allowed for up to 10 businesses to get involved.

The program is aimed at restaurants and bars that can't put tables on the sidewalks in front of their business because they take up too much space.

"It may actually be a blessing," McLaughlin said about the number of participants, noting the project has been a learning experience.

"We may never have a suite (of businesses participating) and that's OK," she added. "What's important is that they have the option to do it. This is building for future growth.

"It isn't really so much about the quantity, it's the quality."

Diners have been very supportive of the restaurants that are involved.

Jambalaya owner Kevin Greaves said his patio has been busy even though he's still waiting on provincial approval to serve alcohol at the tables. That's expected to come sometime around Aug. 1.

"I have people phoning me every day asking me when the liquor licence is coming," he said.

Café pilot program

Learning experience

While downtown's sidewalk café pilot program is off to a fairly smooth start, there have been a few little bumps along the road.

A lot of precise measurement and design work went into building the patios in parking spaces. But all the attention to detail in the world likely wouldn't have warded off a situation that cropped up recently at Jambalaya.

Turns out the restaurant's patio was plopped on a manhole cover, something that surprised London Hydro workers when they arrived to do some underground maintenance work.

After some negotiation with nearby businesses, Jambalaya's patio was scooted a few feet east.

"Everyone kind of stood around scratching their heads for a bit," Downtown London program co-ordinator Kathy McLaughlin said.

Kevin Greaves, owner of Jambalaya restaurant (119 Dundas St.), gets his patio ready for the dinner crowd on Tuesday. The sidewalk café opened about three weeks ago. ANGELA MULLINS/METRO

Mitches Park

Police seek info on biting dog

Police are looking to speak with the owner of a dog. On Monday, at around 4 p.m., police responded to a report of a 16-year-old boy being bitten by a dog at Mitches Park on Upper Queen Street. The bite was minor, but the boy is required to have needles for rabies because the dog's vaccine records are unknown. The dog is described as large, with long black hair and white fur on its chest. The breed is unknown. METRO

Campaign decision

No cash for gas power plant bill, McGuinty says

Premier Dalton McGuinty says the Liberal Party of Ontario will not contribute to the $190-million bill for his campaign decision to scrap a gas power plant in Mississauga. He says voters understand that when politicians make campaign promises it will be the taxpayers who foot the bill if that party is elected to government. THE CANADIAN PRESS

Millions of voters warned of electoral privacy breach

Four-million eligible voters in Ontario were put on alert Tuesday that their personal information may have been compromised in a major privacy breach at the province's electoral office.

It's an "unprecedented" breach of privacy in the province and possibly in Canada, said Ontario's Privacy and Information Commissioner Ann Cavoukian.

Two memory sticks that went missing in April contained copies of personal information collected from up to 2.4-million voters in 20 to 25 ridings, said Greg Essensa, Ontario's chief electoral officer.

But since Elections Ontario doesn't yet know which ridings from a pool of 49 were affected, they've had to warn millions more about the breach, he said.

The data wasn't encrypted or password protected, contrary to the agency's policy, and the sticks were not stored in a locked location, Essensa said.

The USB keys contained the names, birth dates, addresses and gender of voters, he said. They also have information about whether an individual voted in last fall's election and any other personal information updates provided at that time.

The data doesn't include social insurance numbers, health card or driver's licence information, phone numbers, email addresses, credit card or banking information, he said.

The information can only be viewed by specialized commercial software applications, Essensa said. THE CANADIAN PRESS

1 NEWS

On the web

Make your mark with the moonwalk

Think you've got Michael Jackson's moves? Here's your chance to prove it, says music legend Berry Gordy, who will bring Motown's most influential singers to Broadway. Go to metronews.ca to read more about the making of the musical.

Mobile news

Who needs the fire brigade when all you really require these days is a neighbour with arms of steel. Scan the code to see how a heroic man rescued a girl who fell from her third-floor apartment.

Hottest day of the summer — and just as hot as South Africa?

Comparison. Forest City's high of about 45 C Tuesday, when you factor in humidity, was almost on par with Cape Town, South Africa's before-humidity reading of 48 C

JOHN MATISZ
john.matisz@metronews.ca

On Tuesday, Londoners felt the heat more than ever before on a July 17.

Residents endured a high of 34.6 C at 4 p.m. It was not only the hottest day of the summer, but also the new single-day record. The previous benchmark, set in 1964, was 34.4 C.

A regional humidex advisory was issued by Environment Canada in the morning. The humidex reading, which is essentially a comfort index, peaked at 45 C.

To top it off, a thunderstorm watch was released with the humidex advisory. The rain never came, however.

Geoff Coulson, a meteorologist for Environment Canada, says Wednesday may be the region's only hope for drought relief in the next five days.

Advisory

What warrants a humidex advisory?

- Expectations for a daytime high of 30 C or warmer and humidex reading of 40 or higher.

Source: Environment Canada

"Once we get to midday Wednesday, things should be quiet in respect to precipitation," he said on Tuesday afternoon. "At this point, we're not expecting much in the way of showers and thunderstorms from Thursday to Monday of next week."

Wednesday's forecast calls for a high of 28 C with a risk of a thunderstorm.

Coulson says the relatively low probability of showers — 40 per cent as of Tuesday afternoon — doesn't guarantee a wet Wednesday.

While July's precipitation numbers have already surpassed 2001's record low of 14.2 millimetres, it has still been a remarkably dry month in London. Only a total of 17.1 millimetres have touched down thus far.

Concerns have been raised over remarkably low water levels in Thames River, as it is directly affected by rainfall.

Londoner Liam Arbogast, 35, gets in some exercise at the skateboard park in Springbank Park (1260 Commissioners Rd. W.) before temperatures rose to a record-setting high Tuesday. JOHN MATISZ/METRO

Profs to test robotic treatment of throat cancer

Doctors David Palma, left, and Anthony Nichols of the London Health Sciences Centre pose with a radiation-therapy linear accelerator. LHSC.ON.CA

Western University professors David Palma and Anthony Nichols will lead a first-ever study to see if robotic surgery can treat throat cancer while avoiding the long-term side effects that come with chemotherapy and radiation.

Transoral robotic surgery (TORS) allows doctors to use miniature robotic arms to operate in tight spaces where human hands can't fit. London has the only TORS program in Canada.

Early-stage oropharyngeal cancer patients will be randomly assigned standard radiation care or the new TORS treatment. Doctors will measure long-term side effects and quality of life following both treatments.

Oropharyngeal cancer affects the back of the throat. Radiation therapy is effective at controlling the cancer, but some patients still suffer long-term side effects such as dry throat, difficulty swallowing and hearing loss.

"In the U.S., TORS is being used readily in the treatment of oropharyngeal cancer, in spite of the lack of high-level evidence supporting the use," said Nichols, a head- and neck-cancer surgeon at London Health Sciences Centre.

Quality of life

"This study could lead to enhanced quality of life for Canadians living with and beyond cancer."

David Palma

Palma, a radiation oncologist at LHSC, says the Western study will compare TORS treatment to traditional radiation therapy.

"Before we can implement TORS, we need to prove that it meets that standard: Are the cure rates just as good, and are the side effects less?"

Nichols sees reason for optimism: "Early studies of TORS show it holds promise to provide good disease control, as well as offer good speech and swallowing outcomes for patients."

JOSH ELLIOTT/FOR METRO

Family to get new digs

Habitat to give keys to 2nd home

Habitat for Humanity Oxford, Middlesex, Elgin will be dedicating its second wheelchair-accessible home to a family next week. London resident Kerri Ronson and her family will receive the keys to their new home at 361 Edmonton St. at a dedication ceremony July 26. METRO

Van hits four cars

London man charged after multiple crashes

A London man faces impaired driving and other charges after collisions involving five vehicles. On Monday, at about 6:53 p.m., London police responded to a collision involving a van and four other vehicles.

The van turned left onto Egerton Street off Hamilton Road and hit a vehicle preparing to turn left onto Hamilton. The van then struck two other vehicles at the intersection. The van then left the scene and drove south on Egerton until it collided head-on with a pickup truck. The damage to the van was extensive and the driver had to be extricated by firefighters.

Bradley Barnes, 33, has been charged with impaired driving. METRO

Humane society

Rippers hosting Bark in the Park

July 25 is for the dogs at Labatt Park. The London Rippers will host Bark in the Park Night for fans and their furry friends. Dogs get in free and a portion of the proceeds from each ticket purchased by their human companions will go to the London Humane Society. METRO

Community invited

Pride art exhibit date revealed

Pride London Festival is pleased to announce that the 21st annual Pride London Festival art exhibit will take place at the Arts Project (203 Dundas St.) from July 24 to August 4. The community is invited to the opening reception on July 26 from 7 p.m. to 10 p.m. METRO

Hospital fundraiser

Josiah's Journey run raises $25K

More than 350 participants gathered Sunday for the third annual Josiah's Journey 5K Walk/Run in Springbank Gardens, raising more than $25,000 for the neonatal intensive-care unit at the Children's Hospital. To date, Josiah's Journey has raised more than $70,000 for the unit. METRO

Again! Another brazen mass shooting shocks T.O.

Two dead, 21 sent to hospital. Horror comes to a crowded block party just weeks after a mall shooting left the city reeling

Neighbours watch as police investigate at the shooting scene Tuesday. AARON VINCENT ELKAIM/THE CANADIAN PRESS

A mass shooting left Canada's biggest city in shock Tuesday.

The searing hail of bullets at a Toronto neighbourhood block party killed two people and sent 21 others to hospital, including a 22-month-old toddler.

One of the two people killed was identified as 14-year-old Shyanne Charles of Toronto.

Police say it's the worst gun violence in the city's recent history — and they believe it was gang related.

More grimly, they suspect deadly retaliation to take place and were sending reinforcements to the racially diverse area Tuesday.

More than 200 people were at the barbecue party in the city's east end Monday night when gunmen sprayed the crowd with bullets.

Tears shone in one man's eyes as he said: "I saw people running, I heard 'crack, crack' and I hit the ground.

"It was like a Quentin Tarantino movie."

Mayor Rob Ford called it a "horrible tragedy" but added: "I know this is the safest city in the world. I've always said that, I truly believe it."

Police Chief Bill Blair said police have received "some co-operation" from witnesses, and called on all community members who attended the party to help with the investigation.

Messages of grief quickly appeared on social media.

"The hood gained another angel to look over us, RIP," one person wrote on Twitter. THE CANADIAN PRESS

Shyanne Charles was shot dead. She was just 14. TORSTAR NEWS SERVICE

Activists angered. Scout leaders in U.S. refuse to drop ban on gays

After a confidential two-year review, the Boy Scouts of America on Tuesday emphatically reaffirmed its policy of excluding gays.

The Scouts cited support from parents as a key reason for keeping the policy and expressed hope the prolonged debate over it might subside.

Bitter reactions from gay-rights activists suggested that was unlikely.

The Scouts' national spokesperson, Deron Smith, said an 11-member special committee decided the exclusion policy "is absolutely the best policy" for the 112-year-old organization.

The Scouts' chief executive, Bob Mazzuca, contended most Scout families support the policy, which applies to both adult leaders and Scouts.

But the president of the largest U.S. gay-rights group, Chad Griffin of the Human Rights Campaign, called the Scouts' decision "a missed opportunity of colossal proportions."

"With the country moving toward inclusion, the leaders of the Boy Scouts of America have instead sent a message to young people that only some of them are valued," he said.

"They've chosen to teach division and intolerance."

One ongoing protest campaign involves Jennifer Tyrrell, the Ohio mother of a seven-year-old Cub Scout who was ousted as a den mother because she is lesbian.

A report says more than 300,000 people have signed a petition urging the Scouts to reinstate Tyrrell. THE ASSOCIATED PRESS

Jennifer Tyrrell, with son Cruz, was ousted as a Cub Scout den mother because she's gay. THE ASSOCIATED PRESS

Border agents outraged by bomb-threat claim

Allegations that disgruntled Canadian border agents may have been behind a bogus bomb threat have outraged their union.

The bomb threat forced Canadian and U.S. authorities to close the Ambassador Bridge for several hours.

But the allegations are "baseless," leaders of the union representing the agents said Tuesday.

The bomb threat, the second in recent days, was called in around 7:20 p.m. Monday to authorities on the U.S. side of the bridge that links Detroit with Windsor.

In a news release issued shortly after the incident, the Detroit International Bridge Company, which owns the Ambassador Bridge, said it suspected the bomb threat had "something to do" with announced job cuts at the Canada Border Services Agency.

1,300 jobs to go

The Canada Border Services Agency announced cuts of about 1,300 jobs across Canada in April — including about 300 jobs in Southern Ontario.

"We cannot confirm, but suspect, that this has something to do with Canada's disinvestment at the border by cutting back on customs agents," said the statement.

Jason McMichael, vice-president of the Customs and Immigration Union, said he was outraged at the allegations.

"Certainly they were completely baseless, completely without merit, and the members that I represent who work for the Canada Border Services Agency all across the country were insulted by them," McMichael said from Ottawa. THE CANADIAN PRESS

'Powder' in envelope

Magnotta mail sparks shutdown

An envelope addressed to murder suspect Luka Rocco Magnotta caused a major shutdown at a bustling Canada Post sorting centre in Montreal.

A union local official said police found a white powdery substance inside the envelope.

The incident prompted a lockdown at the centre and four employees were treated for psychological reactions, the union official said.

A police spokesperson said later the substance was not considered dangerous.

A few hours later, however, a post office in the Montreal-area community of Ste-Julie was evacuated after staffers found a suspicious powder inside a bin that came from the Montreal sorting centre. THE CANADIAN PRESS

Conviction upheld

Suicide advice leads to jail

A Minnesota appeal court has upheld the conviction of a former U.S. nurse who gave a young Canadian woman and a British man instructions on how to kill themselves.

William Melchert-Dinkel, 49, was sentenced to six years jail. THE ASSOCIATED PRESS

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Canadian credit card users may face higher costs

Extra fees. Canadian retailers currently absorbing transaction charges when customers use their Visa or MasterCard

Canadian shoppers who use credit cards may soon find themselves slapped with extra fees, if retailers win a fight against being stuck with transaction charges from Visa and MasterCard.

Retail organizations renewed their calls Tuesday for Ottawa to loosen credit card regulations following a landmark ruling south of the border that could have implications for a case that will be decided by a federal tribunal later this year.

The Canadian Federation of Independent Business (CFIB), which has more than 100,000 member businesses across Canada, is calling for changes to the federally regulated code of conduct that would allow retailers more rights, including the ability to make credit card users pay a surcharge or refuse credit cards at their stores.

If successful, their campaign would settle a gripe between retailers and credit card operators, and allow merchants the freedom to either accept or deny certain credit cards at their registers.

The CFIB wants merchants to have the ability to add surcharges on credit card users that would counteract the transaction fees charged by some credit card companies.

Currently Visa and MasterCard rules state that merchants cannot levy any surcharges on credit card users, forcing retailers to absorb the cost of usage themselves.

THE CANADIAN PRESS

Settlement

- Last week, a landmark settlement in the United States between Visa, MasterCard and merchants thrust the debate back into the spotlight in Canada.
- The two credit card companies reached an agreement to pay U.S. retailers at least $6 billion US to settle a long-running lawsuit that alleged the card issuers conspired to fix the fees that stores pay to accept credit cards.

Taking on big pharma with little mice

Michel Vandenbosch, head of the animal-rights group Gaia, displays some fake mice as he stages a protest in front of a local branch of the international pharmaceutical company Ipsen, in Merelbeke, Belgium, on Tuesday. Protesters are demanding that Ipsen stop using mice for testing its Botox brand. YVES LOGGHE/THE ASSOCIATED PRESS

Borrowing benchmark

BoC maintains low interest rate

Low borrowing costs will remain for awhile longer after the Bank of Canada moved Tuesday to keep interest rates low. As expected, the bank kept its benchmark policy setting at one per cent until at least the next policy meeting in September, but tellingly also maintained its bias toward tightening monetary policy in the future.

THE CANADIAN PRESS

Tech trends

Thinner screen for next iPhone?

A published report says the new iPhone will have a thinner screen. That could leave more room for a larger battery.

The Wall Street Journal is citing unnamed sources who report that the new iPhone will have a screen that can sense touches without the need for a separate, touch-sensitive layer. THE ASSOCIATED PRESS

Market Minute

DOLLAR 98.76¢ US (+0.21¢)

TSX 11,571.19 (+50.02)

OIL $89.22 US (-79¢)

GOLD $1,589.50 US (-$2.10)

Natural gas: $2.796 US (-1¢)
Dow Jones: 12,805.54 (+78.33)

SPAM — ONE OF THE WORLD'S WONDERS

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Let the bells ring out! Let the banners fly!

It's the 75th anniversary of Spam, the canned lunch meat that tastes like dog food. (Quickly, lest the Hormel people get offended, we're talking high-quality dog food.)

Back in the dietary Dark Ages, I literally grew up on the stuff and its legion of imitators (Spork, etc.). The gelatinous goop that came with it made me gag, but vapourized nicely when the Spam was fried, and fried Spam and fried eggs with fried potatoes was a common staple, along with anything else that could be fried.

Too often around our house, it resembled that legendary Monty Python sketch set at the Green Midget Café, where all the dishes came with Spam (e.g. Spam, Spam, Spam, Spam, egg and Spam), prompting an outraged customer to ask: "Don't you have anything without Spam in it?" while a band of Vikings belted out a rousing chorus of "Spam! Spam! Spam! Wonderful Spam!"

Made from ...

"Of course, classic Spam is allegedly composed of pork shoulder and ham, heavy on the shoulder, light on the ham."

Not sure how the Vikings ended up in a sketch about Spam.... Oh, those Monty Python guys.

If you have a tender tummy, you might want to skip over this next bit. Spam now comes in 13 varieties, including jalapeno, cheese, hickory smoke, and for a limited time (to celebrate the Broadway opening of Spamalot), golden honey grail and stinky French garlic.

Of course, classic Spam is allegedly composed of pork shoulder and ham, heavy on the shoulder, light on the ham. It was launched to a hungry, Depression-rattled nation on July 5, 1937, and since then more cans of Spam have been sold than there are people on Earth. That's a lot, more than seven billion and counting. If you slice it thin, you can feed a horde of Vikings on a single can, which retails for an average price of $2.97. Just add Kraft Dinner, spread ketchup over the whole thing and bon appétit!

While fastidious vegan locavores may turn up their noses, people in Guam can't get enough Spam, consuming more than 16 cans per person per year, according to that estimable journal of record, Time magazine. Sadly, 60 per cent of deaths in Guam are directly attributable to poor diet and lifestyle. Score one for fastidious vegan locavores.

For those who can't get enough of this stuff, there's the annual Spam Jam in Honolulu, another Spam hot spot. The 10th annual edition was held on April 28, where aficionados chowed down on Spam-fried rice loco moco or Spam nachos at Jimmy Buffett's.

Hey, it's a lifestyle. Just not a long one.

Spam, the often-maligned classic canned lunch meat, supports frugal grocery budgets. DAVID MCNEW/GETTY IMAGES

Come on, just grin and bear it

STEVE MORGAN/GREENPEACE

Environment campaign

'Polar bear' arrest at U.K. gas station

This "polar bear" activist got a frosty reception from police after Greenpeace targeted Shell gas stations in Edinburgh (pictured) and London.

Campaigners believe the Arctic ecosystem is being threatened by oil exploration. Greenpeace said it used an emergency shut-off switch to stop gas to the pumps at one station in Scotland.

METRO

One side says ...

"An oil spill in the Arctic would be catastrophic for wildlife such as walruses and whales. The Arctic must be saved, and made a global sanctuary where oil drilling is banned."
Sara Ayech, climate and oil campaigner at Greenpeace

The other side says ...

"Shell recognizes that certain organizations are opposed to our exploration program Offshore Alaska and we respect the right of individuals and organizations to engage in a free and frank exchange of views about our operations."
Spokesperson for Shell

Arctic's arsenal

- **Hunting for oil.** Shell is due to begin drilling at two offshore sites in the Alaskan Arctic in the coming weeks. Russian oil giant Gazprom is also venturing into the Arctic this year.
- **Untapped resources.** The Arctic holds 13 per cent of Earth's undiscovered oil reserves and 30 per cent of its undiscovered natural gas, the U.S. Geological Survey says.

Metropolitan Panel

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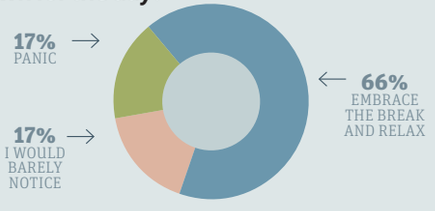
What would you do if your Internet went down for the day?



Twitter

@VortexVisual: Finally broke down - the air is going on. I really dislike air conditioning. Feel so closed in. :-/

@Melodielumley: Where are all the 'please increase my taxes' people on doubling councillors expense accounts? #ldnont I'm looking for honest opinion.

@DIGLondon: It is very hot in #ldnont why not stay inside and play a video game. I am thinking something underwater, cold, and dark. Maybe #Bioshock

@NikkehSass: Ew, why did I come outside again? #toohot #hideyokidshideyowife

@bwatts_13: I am ashamed for what I have done for a Klondike Bar!!

metro

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Bane is back, recast, reimagined and finally living up to all the hype. HANDOUT/WARNER BROTHERS

The best and worst of Batman

Dark Knight on the rise. It hasn't always been box office brilliance as Metro looks at the Caped Crusader's past

IN FOCUS
Richard Crouse
scene@metronews.ca

Sometimes even villains get a second chance. The Dark Knight Rises, the last entry in Christopher Nolan's epic Batman trilogy, digs deep into Caped Crusader lore to reintroduce brawny bad guy Bane.

The abnormally strong antihero first appeared in the comics in 1993 but after a ridiculous appearance in Batman & Robin earned the title as the worst onscreen Batman baddie. As a scrawny convict pumped up by a drug known as Venom, he did little except growl and act as the punch line for a bad joke by his creator Dr. Jason Woodrue. "I call this little number Bane," he says. "Bane of humanity!"

The movie killed the Batman franchise for seven years, and it looked like Bane, played by wrestler Jeep Swenson — Holy haberdashery, Batman who chose his bad lucha libre mask? — would also be relegated to the big scoundrel cemetery in the Sky.

Ivy proved to be onscreen poison. HANDOUT/WARNER BROTHERS

Then Nolan cast Tom Hardy, got rid of the ridiculous mask and gave the brute a second chance. So Bane is back and super-evil, but how do other Batman big-screen baddies stack up on the Batscale of finest to vilest?

The Bat's Best

Cesar Romero and Jack Nicholson both played The Joker, Batman's arch nemesis, but Heath Ledger's Oscar-winning take on the psychotic clown in The Dark Knight is the most menacingly memorable.

Burgess Meredith made The Penguin's trademark squawking voice popular, but it was Danny DeVito in Batman Returns who really showed what a megalomaniacal monster he really was.

"You're just jealous because I'm a genuine freak and you have to wear a mask," he said. Batman has battled plenty of female foes but feline fiend Catwoman is the pick of the litter. Whether it's Lee Meriwether meowing, "You're going to see the purr-fect crime, when I get Batman in my claws," or Michelle Pfeiffer wielding a 12-foot bullwhip, the creepy kitty is fun enough for nine lifetimes.

The Joker became nothing more than a bad joke over time. HANDOUT/ABC

The Winged-One's Worst:

Too many one-liners from Two-Face in Batman Forever left critics unable to turn the other cheek after Tommy Lee Jones's over-the-top performance. As played by Uma Thurman in Batman & Robin botanist-turned-eco-terrorist Poison Ivy proved that not even Mother Nature gets it right every time.

If for no other reason than the joke "Ice to see you!" Batman & Robin's cold-blooded killer Mr. Freeze (Arnold Schwarzenegger) makes the worst-of list. The Governator should've been sent to the cooler for his line-readings in this one.

On the web

Who was the best Batman and what did Anne Hathaway do to prepare for her role as Catwoman? Metro delved into the world of the Caped Crusader to mark the release of The Dark Knight Rises, in theatres next week. Scan this code or visit metronews.ca/features/the-dark-knight-rises.

2

SCENE

Scene in brief

Simpsons coming to Springfield?

A businessman in Springfield, Ore., says it's time for the city to embrace its most famous fictional residents and create a shopping district with a Simpsons theme. Jack Koehler owns Sweety's Frozen Yogurt, and he says business has been up since he put a set of Simpson statues in front of his store. He thinks the city should get involved, and he's proposing that a few blocks of downtown Springfield be turned into a Simpsons-themed shopping district. The city's community relations manager, Niel Laudati, tells KVAL there's no demand from the public, and he doubts anyone wants to spend tax dollars to license cartoon characters. But Laudati says the city would get behind the idea if it would benefit downtown and if other business owners and the community supported it.

THE ASSOCIATED PRESS

On the web

Post-divorce, hope grows for a renewed film career for Katie Holmes

Sheen making big promises

Charlie Sheen is looking to do some good, vowing to donate one per cent of his profits from his new show, Anger Management, to the USO, a nonprofit that helps members of the U.S. military, according to Hollyscoop.

Sheen has declared he will donate a guaranteed $1 million, with no upper limit to what he'll donate should profits increase.

Charlie Sheen

The initial million marks the highest donation made to the organization from an individual.

Twitter

@MileyCyrus
How is it legal for men I've never seen before to sit in front of my house and then follow me around! So shady and scary

@YO_RANDYJACKSON
Who in their right mind buys gold shoes...

@ElizabethBanks
I cannot get enough of the Nestle Crunch Girl Scout Candy Bars!

@SteveMartinToGo
I'll be coming out as gay to promote my next bluegrass album but will return to straight after tour is over.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Silverman saving Obama through sexual favours?

THE WORD
Monica Weymouth
scene@metronews.ca

Plenty of celebrities are hosting fundraising events for the Obama campaign, from Sarah Jessica Parker's swanky A-list party at her New York City apartment to Gwen Stefani's upcoming family picnic in Los Angeles. But only Sarah Silverman has offered sexual favours in exchange for campaign contributions.

In a short video titled An Indecent Proposal, Silverman — in her trademark cereal-stained hoodie and last-night's ponytail — attempts to persuade billionaire casino magnate Sheldon Adelson to cancel his $100 million check to Mitt Romney.

"If you give that $100 million to Obama instead of Romney, I will — well, I won't have sex with you because we're not married and I'm a nice girl, but I will 'scissor' you wearing a bikini bottom through to fruition," she says.

"You'll be the only elderly billionaire on the block to have traditional lesbian sex through to climax with a girl who had her own show on Comedy Central."

Like all Sarah Silverman skits, it's probably funny if you can keep your eyes open — but we're not risking it.

Katie Holmes. ALL IMAGES GETTY PHOTOS

Katie Holmes in another car accident

Katie Holmes may be enjoying her new life as a single mom in New York City, but it has been a bit more unpleasant for her chauffeur.

For the second time in a week, Holmes' car was involved in a fender-bender, with the latest incident leaving a huge dent near the car's tail.

Holmes and daughter Suri were leaving Suri's gymnastics class when their chauffeured Mercedes was struck by a recycling truck near 33rd Street and Sixth Avenue, according to E! News.

No one was injured and a police report was filed once Holmes and daughter were home.

A few days earlier, a paparazzi vehicle hit the Mercedes while it was taking them home from a toy store.

Miley Cyrus

Miley Cyrus' brother taken to hospital

Miley Cyrus' younger brother, Braison Cyrus, was rushed to the hospital when he started spitting up blood because of complications from a surgery.

"I got my tonsils out last week," Braison explained to his fans via Twitter. "Not sure what happened exactly but long story short my artery opened and I was (bleeding) a lot. All good now."

Braison's dad, Billy Ray Cyrus, thanked the hospital staff for helping — but not for posting a gruesome photo of his son sitting up in his hospital bed holding a bloody bucket he'd been coughing into.

Russell Brand

Russell Brand moving on from Katy Perry

Russell Brand is clearly moving on from soon-to-be ex-wife Katy Perry and is reportedly dating Isabella Brewster, a former talent agent and the younger sister of Dallas star Jordana Brewster, according to Us Weekly.

"It's been going on for a few weeks. He really likes her," a source says. "She's cute. She is all over him and Russell loves it."

Brewster previously dated Bradley Cooper and Heroes star Milo Ventimiglia.

Hudson River Park: A destination for recreation

Urban oasis. A group of dedicated New Yorkers have turned a once-derelict patch of Manhattan into a place for outdoor fun

In the past decade, the decrepit piers and industrial zones along eight kilometres of the Hudson River on Manhattan's West Side have been utterly transformed.

Hudson River Park is now a destination that gets 17 million visits annually, with a bike path, green spaces, playgrounds and recreation ranging from mini-golf and skateboarding to kayaking and even stand-up paddleboarding. Melissa Lopez rented a bike a few weeks ago and was amazed at what she saw as she rode downtown through the park.

"It was gorgeous, like a little nature haven, beautiful flowers, trees, and only when you looked over to your left (at the buildings), did you realize you were in between a concrete jungle and this beautiful river," said Lopez, 29, who came in from her home in suburban Westchester for the day. "Everyone was doing something active — sunbathing, rollerblading, bike riding. There was one pier with a volleyball court with sand. I kept asking my boyfriend, 'Are we really in New York City?'"

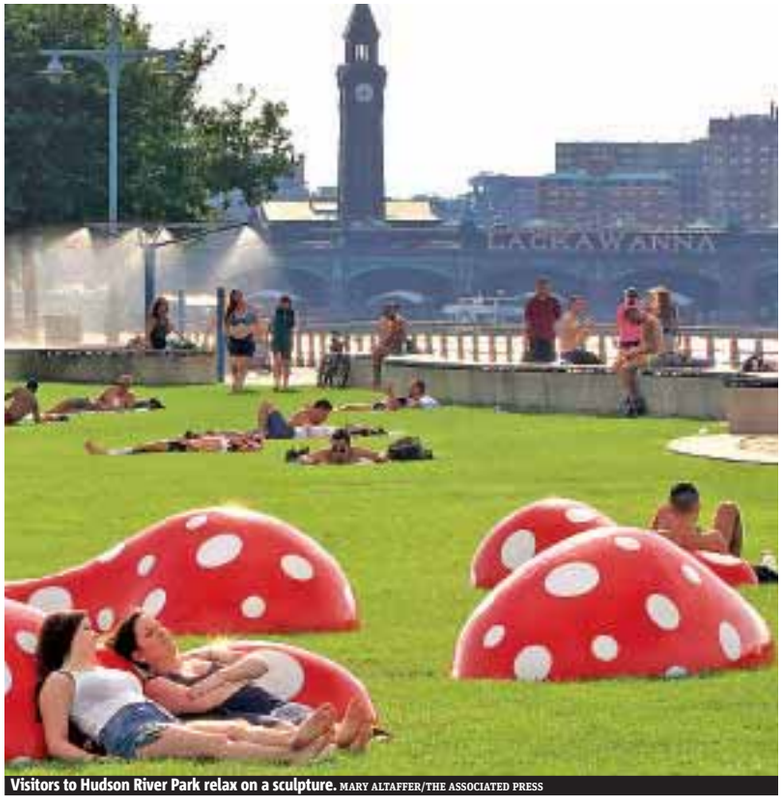
Lopez's reaction is proof of just how much things have changed along the river. For much of New York City's history, "the waterfront was where the industrial areas were," said Madelyn Wils, president and CEO of the Hudson River Park Trust. "Then in the 1960s, the port business went away and the waterfront areas became so derelict they were an embarrassment. If you saw pictures of what this looked like even 10 years ago, you'd say, 'How could anyone let that happen?'"

Looking at the ribbon of spotless walkways, plantings and creative play areas along the river today between Battery Park City in Lower Manhattan and 59th Street, it's hard to imagine what Wils is describing.

But when she and other New Yorkers began working to create the park in the late 1990s, one of her goals as a mother of three living in Lower Manhattan was simply to make more places where kids could play. In 1998, the city and state provided land for the park, and construction began in 2001.

Last year's opening of Pier 25 in Tribeca, now one of the park's most popular areas with mini-golf and volleyball, was a crowning achievement.

There are still small sections along the water awaiting redevelopment — a pound for towed cars, a facility for Sanitation Department trucks — but the walkways and bike path are uninterrupted. (Wils says the park has "more bikes on the bike paths than anywhere else in the country — 6 million a year.") Between playgrounds, lawns, sports facilities, boating options and other amenities, the park's attractions number in the dozens. "There are so many different boating opportunities in the park now," said Nancy Brous, metropolitan region director for the Hudson River Watertrail. Many of the programs are run by volunteers to educate New Yorkers who may never have been in a kayak or out on the river before, Brous said, but the walk-up kayaking programs also get "a lot of out-of-town visitors. This is something that's really going to be driving the tourist trade as time goes on and more people seek it out."



Visitors to Hudson River Park relax on a sculpture. MARY ALTAFFER/THE ASSOCIATED PRESS

Another aspect of the recreational boating programs is teaching the public about the river. It's a tidal estuary, so the currents are strong, and the water can be murky as the tidal flow stirs up silt. "It's not crystal clear and you can't see that deep into it, but it's not pollution," Brous said. "People are very surprised when they learn about the water quality. Just by the birds you can tell it's clean — they're out there and they're catching fish."

Hudson River Park is also home to historic vessels that can be toured; public art like the AIDS memorial at 11th Street; yoga and other fitness programs; concerts, walks and talks, including a Sunday morning nature tour where participants learn about the park's 85 species of birds. Little wonder the park has started turning up in travel guides to New York City as an option for visitors looking for something to do besides shopping, theatre and museums.

THE ASSOCIATED PRESS

If you go...

- **Hudson River Park.** Battery Park City to 59th Street. Walkway, bike path, playgrounds, sports, boating. Detailed information on activities and calendar of events including fitness classes and concerts, hudsonriverpark.org.

3 LIFE

Travel in brief

New Yorkers embracing ferry life

More than one million passengers have ridden ferries across the East River since the service was launched just over one year ago, New York City Mayor Michael Bloomberg said Monday. That's more than double in initial projection of 409,000 riders, Bloomberg said as he and City Council Speaker Christine Quinn rode the ferry from North Williamsburg in Brooklyn to Pier 11 in lower Manhattan to mark the milestone. The ferries, which make it fast and easy to reach waterfront businesses, parks and other locations, are popular with tourists as well as locals.

THE ASSOCIATED PRESS

On the web

Everything old is new again: Rodin Museum in Philly is reopening with the same look as in 1929

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The many eats of São

To São Paulo, Brazil's 19 million plus residents, home is a sprawling concrete jungle where street art drips from skyscraper façades onto busy sidewalks, traffic is the rhythm of life and multi-ethnic enclaves — among them Italian, Japanese and Middle-Eastern — contribute to a rich cultural identity that is uniquely paulistano. And food is no exception. Because this melting pot isn't situated on the coast, there's a local saying that the city's "beaches" — or main attractions — are its restaurants. From high-end eateries to low-key luncheonettes, Metro gives you a taste of the culinary capital's real surf and turf.

Hip hotspots

Maní's Helena Rizzo gives molecular gastronomy a sense of humour. Centerpieces of paper-thin Parmesan lollipops start the conversation. The artistry of the entrées to come is foretold in a trio of playful tapas: transparent tomato soup in a shot-glass, fois gras encased in port wine jelly like a maraschino cherry and sliced roast beef atop a delicate potato chip. Rizzo's sous-vide "perfect egg" lives up to it's name. For dessert, guava sorbet and cheese flan on a drizzling of dulce de leche will render you speechless. manimanioca.com.br

Also try: Clandestino, chef Bel Coelho's gastronomic speakeasy open to only 15 diners on Thursday nights. Dishes like liquid coxinha (chicken croquette) and fish ribs with açai gravy introduce unfamiliar ways to eat indigenous ingredients. duirestaurante.com.br

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Paulo

Roast beef on potato chips, savoury lollipops and freshly-baked pita: Try the surprising eats down in upmarket Brazil. Then stay for the view.

GINA ANGELOTTI, METRO WORLD NEWS
life@metronews.ca

Understated eats

Lebanese café Tenda do Nilo is the diamond in the rough with just a handful of bistro tables. All in jest, owners Xmune and Olinda Isper won't let you sample humus or mhamara, a divine red pepper spread, until you're taught the proper way to rip and dip a pita. Quickly devour their fatte — a hash of beef, chickpeas, curd and toasted-nuts — while shreds of flatbread baked in are still crisp. Conceived in the Middle East but born in Brazil, the Ispers' semolina cake with cream, pistachios, orange flower and honey called "1001 Nights" is a legend it its own right. www.tendadonilo.com.br
Also try: the Municipal Market, a commercial hall of fruit vendors, charcuteries and more. Wash down Bar do Mané's 350 gram fried mortadella sandwich with a pingada — espresso in a glass with milk and sugar. mercadomunicipal.com.br

Fine dining

D.O.M. is not simply a restaurant — the world's 7th best, according to San Pellegrino — but an erotic experience. Succumb to the ultimate aphrodisiac: chef Alex Atala's orgasmic brioche-crusted oyster with tapioca and salmon roe pearls. Other dishes evoke childlike curiosity, including toasted black rice resembling the coveted bits at the bottom of a saucepan and an elastic aligot, served like pulling taffy. Equally seductive and infallible are the sommelier's wine pairings. But Atala perfects perfection by re-purposing native ingredients like hearts of palm and priprioca, a fragrant Amazonian root. Sustainability is a standard, not a buzzword. domrestaurante.com.br
Also try: Kinoshita, where salmon marinated for six days in sake and miso — an heirloom recipe— is just one of chef Tsuyoshi Murakami's Japanese specialties. restaurantekinoshita.com.br

S.
12
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Get inspired by Asian flavours of bok choy and oyster mushrooms

ROSE REISMAN
for more, visit rosereisman.com

The combined flavours of bok choy, mushrooms and this sesame sauce is outstanding.

I use whole oyster mushrooms for appearance as well as texture. Feel free to substitute other mushrooms, but it is best to slice them in large pieces.

I love to serve this alongside a fish or chicken dish.

1. Combine the soy sauce, sesame oil, oyster sauce, sugar, garlic, ginger and chili sauce in a small bowl and set aside.

2. Lightly coat a large, nonstick skillet with cooking spray, add the oil and set over medium-high heat. Add the mushrooms and sauté for 5 minutes or until tender. Add the sauce and cook for 2 minutes, until slightly thickened.

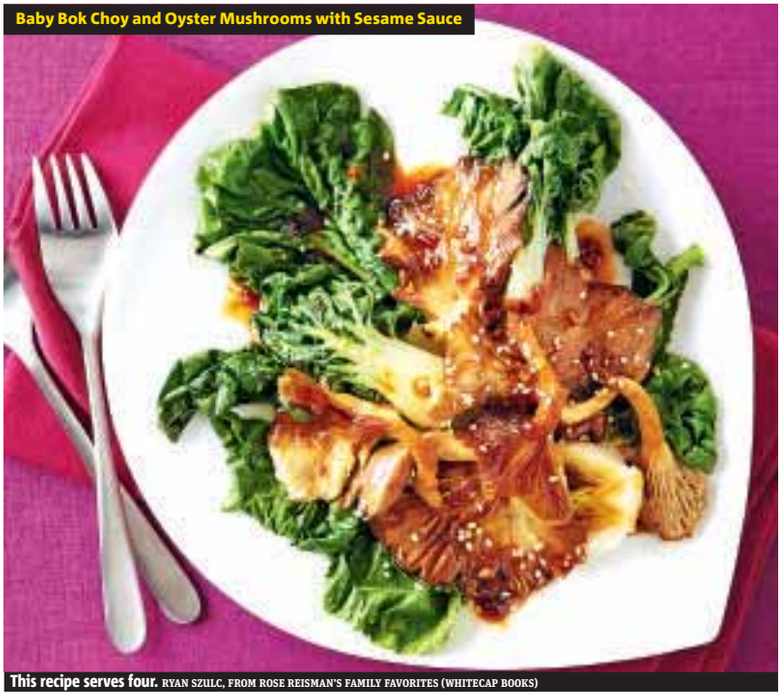
3. Place a shallow layer of water in a large saucepan and bring to a boil. Place the bok choy in the saucepan, cover and cook for 2 minutes or just until it is bright green.

4. Drain well and place on a serving dish. Top with the sautéed mushrooms and sesame sauce, sprinkle with sesame seeds and serve immediately. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

Ingredients

Sesame Sauce
- 1 tbsp low-sodium soy sauce
- 2 tsp sesame oil
- 1 1/2 tsp oyster sauce
- 1 tbsp brown sugar
- 1 tsp finely chopped garlic
- 1 tsp finely chopped ginger
- 1 tsp hot chili sauce

Vegetables
- 2 tsp vegetable oil
- 8 oz whole oyster mushrooms
- 6 baby bok choy
- 1 tsp toasted sesame seeds



Baby Bok Choy and Oyster Mushrooms with Sesame Sauce

This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Drink of the Week

'You put the lime in the coconut'

This delicious combination makes the perfect drink for those cool summer nights on the patio.

- 375 ml (1.5 cups) coconut milk
- 1 can (250 ml) frozen concentrate margarita mixers
- 250 ml (1 cup) white rum (optional)
- 1 l (4 cups) ice cubes
- 1 lime chopped for glass rim

In a blender, combine coconut milk, margarita frozen concentrate and rum, if using; add ice cubes. Pulse until blended and frothy, about one minute. **THE CANADIAN PRESS/ BACARDI MIXERS, RUM**

Paper Clip Pork: Take on a Chinese BBQ staple

Chinese barbecue pork, or "char siu" in Cantonese, is a standard item found in every Chinese deli and restaurant. Not so traditional is one family's rather unique way of making it — with paper clips.

And the credit goes to uncle, Kin Woo. When he was a college student, he wanted to experiment with making traditional char siu. He says that "in the old days" in China, people would cook the pork in a clay or brick oven with a wood or charcoal fire underneath.

There were bars inside the oven with metal hooks that held the meat over the heat.

So one day, as family lore has it, he started fooling around with a paper clip. When he bent both ends into an S-shape, he discovered the perfect hook. And so the paper clips have been a trademark of his char siu for more than 30 years.

1. Cut pork lengthwise into 6 thick slabs. Cut each slab into 4 strips. Set aside.

2. In bowl, combine hoisin, wine, sugar, hot sauce and salt. Mix well until the sugar has dissolved. Add sliced pork and mix to ensure all of the meat is evenly coated. Cover and refrigerate for at least 24 hours.

3. When ready to cook, set one oven rack at the highest point. Remove the remaining racks. Heat the oven to 400 F.

4. Remove pork from refrigerator. Bend each paper clip, opening it to create a double-sided hook that resembles an S. One at a time, thread one side of a paper clip hook through one of the narrow ends of each strip of meat. If you hold one up by the paper clip, the meat should hang down vertically.

5. Open oven and, using oven mitt, pull rack forward. Set a rimmed baking sheet lined with foil under it (it will rest on the door for the moment).

6. One at a time, use paper clips to hook pork onto oven rack so they hang down from rack's underside. When all meat is hung, push rack and rimmed baking sheet into the oven. Roast 45 minutes. When cooked, unhook and remove paper clips before serving.

TERRY WANG/ THE ASSOCIATED PRESS

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 3- to 4-lb pork shoulder butt roast
- 8.5-oz jar hoisin sauce
- 1 cup white wine
- 1/3 cup of sugar
- 1 tbsp hot sauce
- 2 tsp kosher salt
- 24 large paper clips

Students, don't despair about debt

Getting in the red, without turning red.
Why education pays but BMWs don't

JELEEN YU
TalentEgg.ca

Apply yourself! Scholarships and bursaries can help to ease the strain of student debt. ISTOCK

Let's face it. Debt happens.

It's a fact of life that almost all of us will need a little financial help at one point or another, whether it's for our home, car, livelihood, education — even our groceries.

Debt is an inevitable circumstance of life, and, for the most part, it's categorically evil.

But here's the kicker: Debt isn't always such a bad thing.

The basics

Ever heard of good debt?

Yes, it's an oxymoron, strange and it seems mythical at best, but believe it or not there are some things out there worth owing money for.

Here's what's on the "good" list:

- Your home
- Your own business
- Your education

These are otherwise known as things that will increase in value over time and give you the best bang for your borrowed buck. Because you're borrowing to finance things that won't lose their value (and will actually earn you money in the long-run), this kind of debt is considered good and justifiable.

Bad debt, on the other hand, is money borrowed for things that will depreciate in value over time, sometimes even instantly (think: as soon as you leave the store!).

Consumable goods like clothes, cars, video games and flat-screen TVs are expendables, as are pricey out-of-town trips you can't afford.

Left unmanaged, this kind of debt could leave you facing years — even decades — of loan payback ahead.

And the worst "bad" debt you can make? Credit card debt, since it usually carries the highest interest rates and the most onerous payback schedules out there.

Loonie loop hole

> **"In Canada, interest on student loans is tax deductible, so you can at least get some money back from the government, should you file your taxes properly"**
> Finance blogger Youngandthrifty

Education gives back

Student loans — burdensome as they may seem during payback time — are considered some of the best debts to get into, and for good reason.

While we all know the value of a good education, student loans have the potential to give back much more than what they take, and not just in terms of job prospects.

"In Canada, interest on student loans is tax deductible, so you can at least get some money back from the government, should you file your taxes properly," says anonymous Vancouver-based finance blogger Youngandthrifty, whose eponymous site (youngandthrifty.ca) aims to encourage better financial health among young Canadians.

In other words, government-backed student loans not only increase your future earning potential, they also give you a tax credit on the interest portion of the amount paid on your loan each year.

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Check before cheque

Do your research

- It's important to note that the guidelines for a Canada Student Loan (CSL) vary from province to province, and the amount each student is granted depends on a lot of different factors.
- Doing your due diligence by visiting the National Student Loans Service Center's (NSLSC) website and CanLearn will help, as will considering other loan options like a low-interest line of credit from your local bank.

Twitter

@TalentEgg
Question of the day: How will you pay your tuition this year? Student loans, parents, scholarships, summer job?

@cheapstudents:
Mostly summer job. I'm hoping for scholarships but we will have to see how those pan out

@tpardi:
Student loan.

@Claireslo807:
student loans!

@kaitlynnerae:
Summer jobs and scholarship. Weeeeee work.

@ehmelynn:
Scholarships and Summer Job

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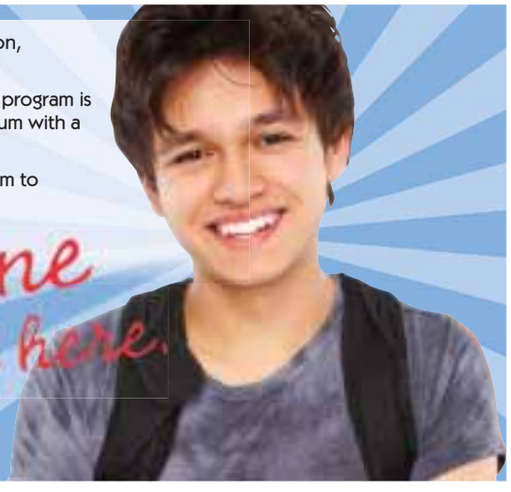

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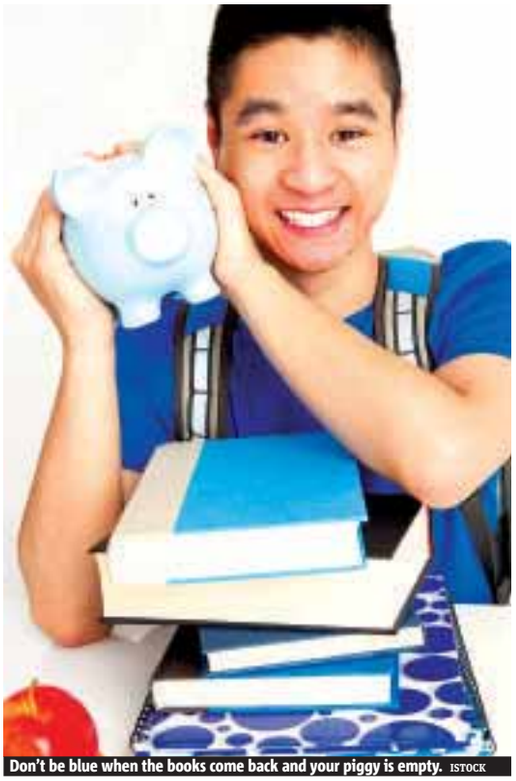
Balance summer fun and summer funds



Don't be blue when the books come back and your piggy is empty. ISTOCK

To the beach or the bank? How to save the money you make at your summer job

SAMANTHA SIM
TalentEgg.ca

For students, summer is a time to kick back, relax and enjoy the few months they don't have to study.

But as the temperature rises so does the spending on social activities, which can eat away at money saved for the upcoming school year. So what can students do to help better balance their saving and spending this summer?

TD Canada Trust spokesperson Michelle Snow, group product manager for Everyday Banking, says the biggest financial mistake she sees students make is a complete lack of planning.

"A lot of times it's just a complete lack of money-management altogether," she says. "They just live life as it goes by and don't plan."

Snow recommends three steps students should follow when managing their money this summer:

Plan Students should plan for their expected expenses (school, living costs and social life) and revenues (summer job, scholarships/bursaries, loans and parents). "Remember to pay yourself first," says Snow. "TD has a pre-authorized transfer service (PTS) that automatically moves a pre-set amount from your chequing to savings each time you're paid."

Track It's important for students to keep track of how much and what they're spending their money on, especially if you go over budget.

Adjust "Remember that life is fluid and full of changes," says Snow. "Extra expenses and/or extra revenue streams can pop up. It's important to take this money into account and determine the best way to allocate it."

University of Waterloo life science student Jaynell Rosario worked part-time at a doctor's office during the day and as a soccer referee at night last summer. She says the best way she managed her money was immediately separating her paycheque into savings and spending the minute she was paid.

"When you get paid, divide your pay cheque into chunks. Still have fun, but save most of it because when the school year comes around you'll regret your summer overspending," she says.

Snow suggests students check out student bank accounts with no monthly fees, or automatic saving programs that allow a fixed amount to be transferred from your chequing account to savings every time a debit transaction or ATM withdrawal is made. She says these can be helpful proactive tools for students to keep on top of managing their money.

Making her summer budget planning a family affair is what Ryerson University early childhood education student Patricia Alba found helpful in keeping on top of her spending.

"I sat down with my parents and laid out how much tuition, books and transportation would cost, plus spending money to hang out with friends," she says. "It helped to have that discussion with them and get their feedback."

SAMANTHA SIM IS A JOURNALISM STUDENT AT RYERSON UNIVERSITY AND AN ASPIRING BUSINESS REPORTER. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Tracking your toonies

Early childhood education student Patricia Alba on writing it all down:

- Alba advises students to keep an updated spreadsheet with a running total so spending can be easily tracked. There are also free online and mobile tools that allow you to track your spending, such as Mint.com.
- "Make a spreadsheet and remember to keep all of your receipts," she says. "This will definitely keep you organized and on top of your spending."

Academic advice

"Still have fun, but save most of (your money) because when the school year comes around you'll regret your summer overspending."

Jaynell Rosario, Student

Student Voice

Help us post-secondary students get real

Kari Merriott
Graduate
Business, Accounting Co-op
Georgian College

TalentEgg.ca

When I decided to attend college I chose to study a subject that I already had some experience with through some of my high school courses and that I thought would make me very employable. Accounting is not the most exciting field out there; however there are so many paths you can take once you understand the fundamentals of the "language of business."

My program was also great because it included a paid co-operative education component. I went through at least 15 interviews while I was looking for a co-op position and that experience taught me to persevere and be confident in my skills and capabilities.

The two co-op positions I had, one in a small accounting firm and the other at a nationwide tax preparation company, gave me invaluable real-world experience. While I did not leverage a job out of either of those positions, I still gained many skills that would aid me in my future job search.

Although I had previous work experience, I believe it was my people skills that helped me to secure two amazing positions with international corporations (one a well-known accounting firm and the other a large financial institution) even before I graduated from my program.

It was very difficult to decide which job to go with but I decided to try out banking and I met some outstanding people along the way.

Where I am now

I have left the corporate world and am currently working as an executive assistant at my local public library. I am very happy to be using many of the accounting skills that I learned in college in such a wonderful learning environment.

My recommendations for employers, schools and career centres

A lot of young people think that a university education is the ticket to the good life because that is what is being fed to us through our parents, teachers, friends, and the media.

I think it is important for educators to help students to have more realistic expectations.

They need to set them up for success in the real world by talking to them about how to handle the workplace environment, what to say in interviews, and how to make themselves more employable.

Employers need to be willing to take chances on the young and bright minds of tomorrow. Please let us prove to you what we can do and then you can see firsthand what our generation is all about.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Gose's call-up raises questions about future of Jays outfield

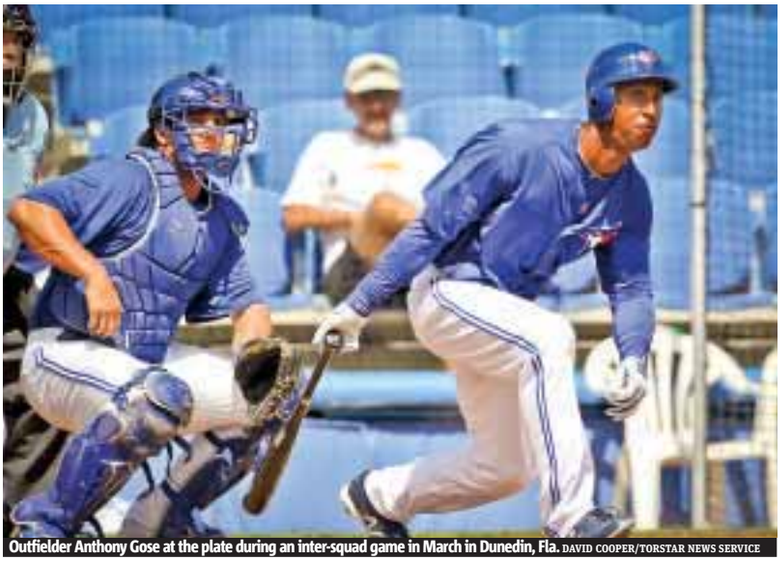
MLB. Anthony Gose, 21, has played in centre field his whole life but has moved to left three times this season

Some Blue Jays fans may have been surprised to hear that speedy centre-field prospect Anthony Gose would be promoted from triple-A Las Vegas to replace injured right-fielder Jose Bautista.

Wouldn't a more experienced corner outfielder, such as Travis Snider or Eric Thames, be the more logical approach, especially with 25-year-old Colby Rasmus emerging this season as one of the league's premier centre-fielders?

Gose, who impressed at last week's All-Star Futures Game with a spectacular diving catch, was moved from centre to left field on three occasions this year — a clue about his potential big-league future that did not go unnoticed by him.

In an interview with the Torstar News Service last month in Las Vegas, Gose said he trusts the plan the organization has for him, whether he ends up playing in centre or elsewhere in the outfield.



Outfielder Anthony Gose at the plate during an inter-squad game in March in Dunedin, Fla. DAVID COOPER/TORSTAR NEWS SERVICE

He went out of his way to praise Rasmus.

"In my honest opinion he's the best defensive centre-fielder in the major leagues right now," Gose said. "So he's going to play the game. He's not worried about me; I'm not worried about him. Maybe we'll play next to each other, maybe one of us will be gone. Who knows? It's not anything for either of us to worry about. That's for Tony (LaCava, Jays assistant GM) and Alex (Anthopoulos, GM) to worry about."

Gose's call-up does, however, present some interesting questions about the future of the Jays' outfield:

Is there room for two young centre-fielders? Should either Gose or Rasmus be traded? What does Gose's promotion mean for Travis Snider?

One school of thought says that two athletic outfielders are better than one and moving one to left field can only make a team's overall outfield defence stronger.

The other school of thought is that having either Gose or Rasmus move to one of the corner outfield positions diminishes their defensive value and one or the other should be traded to fill the team's desperate pitching needs. And perhaps that is what will ultimately happen with either Gose or Rasmus. But judging by how doggedly Anthopoulos pursued both players via trade, it seems unlikely he would easily part with either. TORSTAR NEWS SERVICE

Bautista sitting out

It appears, at least for the moment, as if reigning home-run king Jose Bautista has escaped long-term injury, after an MRI found no structural damage to his wrist on Tuesday morning.

- Bautista was added to the 15-day disabled list and will not be eligible to join the team any earlier than Aug. 1 against the Seattle Mariners.
- Bautista said he felt something "weird" around his wrist as he finished his swing in the eighth inning of Monday's game against the New York Yankees.

Frank Schleck fails doping test at Tour de France

Frank Schleck, right, rides during Stage 6 of the Tour de France on July 6 in Metz, France. DOUG PENSINGER/GETTY IMAGES

Frank Schleck of Luxembourg pulled out of the Tour de France on Tuesday after failing a doping test and co-operated with French authorities at a police station in Pau, his team said.

Cycling's governing body said Schleck had tested positive for a banned diuretic, another reminder of the doping cloud that has damaged the image of cycling — and its biggest event.

The 32-year-old RadioShack Nissan Trek leader placed third in the Tour last year, and was in 12th place overall — 9 minutes 45 seconds behind leader Bradley Wiggins — on Tuesday's rest day.

'B' sample

Team spokesman Phillippe Maertens said the team is likely to ask for Frank Schleck's "B" sample to be analyzed, which it must do within four days.

- "If it comes back positive, he will be suspended by the team," Maertens said.
- RadioShack will continue to compete in the race, he said.

Governing body UCI said the diuretic Xipamide turned up in an anti-doping test conducted by the French anti-doping lab in Chatenay-Malabry, south of Paris, on a sample from Schleck taken July 14.

The RadioShack team said in a statement that it had decided to withdraw Schleck from the race, and said that the diuretic is not present in any medicine used by the team.

The statement said "the reason for the presence of Xipamide in the urine sample of Mr. Schleck is unclear to the team. Therefore, the team is not able to explain the adverse findings at this point." THE ASSOCIATED PRESS

NHL

Stevens named assistant coach

Scott Stevens, a longtime New Jersey captain and defenceman, was named an assistant coach by the Devils on Tuesday.

Stevens was inducted into the Hockey Hall of Fame in 2007.

THE ASSOCIATED PRESS

Scott Stevens
THE ASSOCIATED PRESS FILE

NBA

"Being given the keys, I think I can drive this car to (becoming) a playoff team."

New Raptors point guard Kyle Lowry, who was introduced with swingman Landry Fields in Toronto Tuesday.

4 SPORTS

Golf

"It's been lovely just going about my business. It's been nice to sort of prepare and there's definitely not the madness that was going on last year."

Rory McIlory is enjoying the approach to this year's British Open much more than last year, when Rorymania was at its peak. Back then, the curly-haired Northern Irishman was coming off his first major victory — a runaway at the U.S. Open — and being heralded as the new face of a game desperate to move past Tiger Woods' stunning downfall. But since his eight-stroke win at the U.S. Open, McIlroy hasn't been much of a factor in the majors. He is just 23 years old, and even now, while admittedly mired in a bit of a slump, he's holding down the No. 2 spot behind Luke Donald in the world rankings.

"I don't think my game completely went off. Everyone has bad spells and I had a couple of bad weeks where I didn't play so well."

THE ASSOCIATED PRESS

Mobile sports

In the third week of racing, the Tour de France peloton is worn down. The nervousness of the first week has given way to physical and mental stress. At this point in the race, many of the riders left will simply hope to make it to the finish-line in Paris. Scan the code for the story.

NBA

Knicks won't match Rockets' offer for Lin: Report

Jeremy Lin's incredible run in New York won't have a sequel, according to a published report.

The New York Knicks are not planning to match Houston's offer for Lin, a restricted free agent, the New York Times reported Tuesday. The newspaper cited an unidentified person briefed on the situation.

The Times said deliberations were over for the Knicks as of Tuesday afternoon, and they had elected not to equal the Rockets' three-year, $25-million US offer sheet, signed by Lin last Friday.

THE ASSOCIATED PRESS

BHi SPRING SEASON STANDINGS BHi

B DIVISION

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
THROWBACKS	10	6	1	0	3	43	26	15
DIE HARDS	10	5	2	0	3	44	31	13
ABUSEMENT PARK	8	6	2	0	0	25	22	12
LONDON LEAFERS	9	5	4	0	0	34	30	10
FTB	8	5	3	0	0	36	29	10
BING ACRES	8	0	8	0	0	19	59	0

COED DIVISION

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
FMC	5	5	0	0	0	18	7	10
THUMBS UP	6	4	1	0	1	17	13	9
LADIES OF THE NIGHT	6	4	2	0	0	20	12	8
YFT	6	1	5	0	0	13	22	2
BALL PUCKERS	5	0	5	0	0	3	17	0

C DIVISION

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
TEAM TV	9	6	2	0	1	48	25	13
REBELS	7	6	1	0	0	49	37	12
ACE HOLES	8	4	2	0	2	26	26	10
BALL WACKERS	7	5	2	0	0	14	13	10
WOLFPACK	7	4	2	0	1	28	10	9
FUGAZI'S	8	4	4	0	0	21	25	8
MISFITS	6	2	2	0	2	27	25	6
OUT OF GAS	6	3	3	0	0	15	19	6
CANADS	7	3	4	0	0	24	26	6
ITS GUNNA HAPPEN	9	2	6	0	1	21	48	5
2 BALLS 1 CUP	8	2	6	0	0	22	41	4

YOUTH STARS OF THE WEEK
1 CLAYTON DEYELL - BULLS 6 GOALS, 1 ASSIST
2 TYLER MACPHERSON - EAGLES 5 GOALS, 5 ASSISTS
3 NOAH MELDRUM - HAWKS 4 GOALS, 1 ASSIST

MEN'S STARS OF THE WEEK
1 MATT DELISLE - REBELS 6 GOALS, 5 ASSISTS (4 GOAL GAME)
2 JOSH OLIVEIRA - FTB 2 GOALS, 3 ASSISTS
3 DARRYL PHILLIPS - TEAM TV 6 GOALS, 2 ASSIST (HAT TRICK)

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NHL, players' association set to resume talks

Hockey. Negotiations continue with current collective bargaining agreement set to expire in September

NHLPA executive director Donald Fehr GETTY IMAGES FILE

The NHL and the NHL Players' Association are set to return to the bargaining table on Wednesday at the league offices in New York.

Total revenue of the league's operations is the biggest sticking point right now, and it's an important one. The players like their cut right now. The owners don't.

The two sides met last Friday in another round of negotiations for a new collective bargaining agreement before the current one expires on Sept. 15.

There were multiple reports coming out of the last round of talks that the owners' offer included players' hockey-related revenues getting slashed from 57 per cent to 46 per cent. It also was reported that players would be forced to wait 10 years before becoming unrestricted free agents and that contracts would be limited to five years — a major change considering Zach Parise and fellow blue-chip free agent Ryan Suter decided to sign matching 13-year, $98-million US contracts with the Minnesota Wild.

NHLPA executive director Donald Fehr and NHL deputy commissioner Bill Daly are among those meeting Wednesday. The two sides have regularly met since opening talks June 29 in a bid to reach a new collective bargaining agreement.

NHL commissioner Gary Bettman said after Friday's session, "We've got a lot of work to do in a relatively short period of time."

Fehr said he didn't know what kind of short time frame Bettman was talking about.

"The optimum would be to get a deal done as soon as you could," Fehr said.

He added he viewed a strike as a "last resort."

THE ASSOCIATED PRESS

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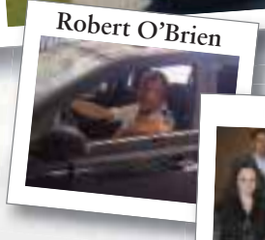
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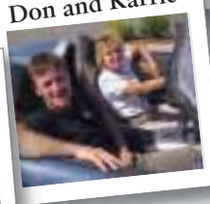
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Aim getting better with age

Soccer. Canada's captain Sinclair developed her game while keeping up with big brother

Burnaby, B.C., native Christine Sinclair signs autographs after the championship game of the CONCACAF women's Olympic qualifying tournament against the United States at Vancouver's BC Place Stadium in January. RICH LAM/GETTY IMAGES

Whenever Mike Sinclair drives by the old house in Burnaby, B.C., he can't help but marvel at the fact it's still standing.

"It took a beating," Sinclair says with a laugh. "I don't know how it's still upright. But I guess that's what you get when you get two really competitive kids around the same age."

Those two kids were Mike and younger sister Christine, who would leave countless broken windows and scuffed walls in her wake en route to becoming Canada's finest women's soccer player.

"Oh God, our windows, our next-door neighbours' windows, the windows of our neighbours two houses down," he said. "We've broken more things."

The concrete basement floor of their three-bedroom house provided the perfect venue for everything from roller-hockey to golf to soccer.

Fast forward a couple of decades and Christine Sinclair's aim has definitely improved. The 29-year-old is Canada's leading goal-scorer and has the third-most international goals in women's soccer history, trailing Americans Mia Hamm and Abby Wambach.

She'll lead a squad that will be playing for a medal on sport's grandest stage — the No. 7 Canadians will open the London Olympic Games against third-ranked Japan on July 25.

Trying to keep up with her older brother on the streets and playgrounds over the years built a toughness in Sinclair that was well on display last summer, when the striker scored on a beautiful bending free kick against Germany at the women's World Cup moments after her nose was shattered. Canadian goalkeeper Erin McLeod said it looked "like a zigzag."

Her goal was the lone bright spot at an otherwise disastrous World Cup that saw the Canadians knocked out after the preliminary round without a win.

But Sinclair said spirits are high heading into London. The team hired Englishman John Herdman as head coach in the fall and went on to beat Brazil to win the Pan American Games in October.

With 12 returnees from the Beijing Olympic team, Sinclair said Canada will field a squad that is wiser from its experiences in China.

"It was the first time our soccer team had qualified, and none of us had been there before and we were all inexperienced," Sinclair said. "The Olympics can be overwhelming, but now that there's a core group of us who have been there before, we can sort of help the younger players know what to expect that we didn't know four years ago."

Such as not wasting energy chasing after superstar athletes.

"I remember our team four years ago trying to get pictures with people during times when normally in camp you'd be resting, lying in bed watching TV. But instead people were out stalking Lionel Messi and things like that. That needs to change." THE CANADIAN PRESS

Cup half empty

The Canadian women's team spent the past few months based in Vancouver, with training scheduled in three-week blocks with a week away in between to train at home.

- They spent several months before the World Cup in Rome, a grind that had players counting the days until they could go home.
- "Players were ready to go home.... That is not what your mindset should be at a World Cup or an Olympics," Sinclair said.

Basketball. London likely last hurrah for Canadian women's captain Gabriele

Every morning for the past several years, Teresa Gabriele has crawled out of bed in pitch darkness to stock bread.

The alarm rings at 3:45 a.m. and she's in her first store in Abbotsford, B.C., by 4:30, when most people are still fast asleep.

Not the most glamorous work for Canada's women's basketball captain, but her job with her family's bread business has allowed her to pursue her Olympic dreams — and her appearance in London will be the punctuation mark on an illustrious career.

The 32-year-old point guard from Mission, B.C., doesn't see her work as a sacrifice and scoffs at any suggestion she's put her life on hold.

Teresa Gabriele TORSTAR NEWS SERVICE

"This is my dream and what I love to do, so this is what I'm doing right now," Gabriele said after a practice Tuesday at the Air Canada Centre in Toronto.

Gabriele has been the mainstay of Canada's women's team for more than a decade, and is the only remaining player from the 2000 Sydney Games, the last time a Canadian basketball team has stepped onto sport's biggest stage.

"I'm thinking of retiring after this, so it's a storybook ending for me," Gabriele said. "I started my career very early with an Olympics and then to be able to end it with an Olympics, it's awesome."

The Canadians qualified for the Games at the 11th hour, beating Japan in a must-win game in a last-chance qualifier on Canada Day to earn the final berth.

"We were just telling everybody we wanted to qualify on Canada Day," Gabriele laughed about their nail-biting run through qualifying.

THE CANADIAN PRESS

Pistorius finishes second in final tuneup in Italy

South African double-amputee sprinter Oscar Pistorius finished second in a 400-metre race in Italy on Tuesday, his final tune-up for the London Olympics. Pistorius clocked 46.56 seconds — well off the personal best of 45.07 he ran at the same meet last year — to finish behind Calvin Smith of the United States. Smith won in 45.52. PAOLO GIOVANNINI/THE ASSOCIATED PRESS

Track. Blake on 'right path' after winning final race before Games begin

Yohan Blake warmed up for the London Olympics by timing 9.85 seconds to win the 100 metres at a meet Tuesday in Lucerne, Switzerland, his first competitive race since beating Usain Bolt twice at the Jamaican Olympic trials.

Blake was far from the fastest out of the blocks but powered through the field with legal wind assistance of 1.6 metres per second. Jamaica teammate Michael Frater was second in 10.

"Definitely I am on the right path for the Olympics," the 21-year-old world champion said. "This is where I am supposed to be. I want to remain unbeaten and that's what I am doing."

Only three-time Olympic champion Bolt (9.76) and 2004 Olympic winner Justin Gatlin (9.80) have run faster this season. THE ASSOCIATED PRESS

Quoted

"I didn't come here to run a quick time but it's still a fast time. Not many guys run 9.85."

Yohan Blake

Weather

Rain may go away for Games opening

The sun may, just may, shine on the London Olympics.

The Met Office, which forecasts the weather in one of the world's most fickle climates, said Tuesday the rain that has soaked England for weeks and kept temperatures cool could give way to sunshine in time for the opening ceremony on July 27.

Apart from raining on London's parade, the weather has been worrying organizers of equestrian and rowing events, where venues have been waterlogged by weeks of constant rain.

THE ASSOCIATED PRESS

5 DRIVE

This Lexus may have you voting y-ES

ALL PHOTOS WHEELBASE

Top Gear

That's right, jack

If you tow a medium to large trailer, you know what a hassle it is to use cinder blocks or pieces of wood to get the trailer to sit at the desired height. Where do you put the blocks when they're not in use, anyway? Attaching the sturdy Flip Jack Foot from Fastway products would appear to eliminate that problem. When secured to the trailer's tongue jack, it automatically drops down when the jack is extended, thereby adding up to six extra inches in length. It also automatically tucks up out of the way when the trailer jack is retracted. The Flip Jack Foot is available for 2 and 2.25-inch tongue jacks for $50 US from the company at fastwaytrailer.com, which also shows a list of local dealers.

WHEELBASE

On the Web

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Engines

The ES 350's powertrain is straightforward, consisting of a 268-horsepower 3.5-litre V6 accompanied by a six-speed automatic transmission that carries over virtually unchanged from the 2012 edition.

But, for 2013 it doesn't end there. A new ES 300h hybrid features a 156-horsepower 2.5-litre four-cylinder gas engine that combines with a 141-horsepower electric motor to generate 200 net horsepower. Both function through a continuously variable transmission.

The hybrid borrows its powertrain from the Toyota Camry hybrid and represents a natural extension of the ES brand, especially since the recent demise of the Toyota-Prius-based HS 250h.

2013 Lexus ES 350/ES 300h

- **Type.** Four-door, front-wheel-drive midsize entry-luxury sedan.
- **Engines (hp):** 3.5-litre DOHC V6 (268); 2.5-litre DOHC 4 with electric motor (200, net).
- **Mileage:** L/100 km (city/hwy) 10.7/7.0 (3.5).
- **Base Price:** $44,000 (est.)

Interior

Other than the primary tach and speedometer gauges, the dashboard's control centre is a busy spot, with numerous minute knobs and buttons handling ventilation, audio and communications tasks. Fortunately, the console-mounted Remote Touch Interface can manipulate much of these systems in a relatively uncomplicated manner.

Base content

Being in the luxury realm, the ES 350 starts out with considerable standard equipment including power moonroof, 10-way adjustable power front seats, backup monitor, push-button start and an eight-speaker audio system. There's also a Drive Mode selector with Normal, Eco, or Sport settings for the powertrain and steering system.

By comparison

1 Lincoln MKZ
Base price: $40,300

2 Audi A6
Base price: $60,000

3 Cadillac CTS
Base price: $38,800

Review. It's about time the world regarded the ES as a real Lexus

MALCOLM GUNN
Wheelbase Media

More style and substance are features the 2013 Lexus ES 350 can brag about. However the Toyota-Camry-based sedan can now include superlative fuel economy to its bag of tricks in the form of the gasoline-electric ES 300h hybrid.

The ES has always enjoyed a sterling reputation with Lexus buyers as the fleet's go-to entry-luxury model, even though the sportier IS series is less expensive. But in this league, size counts for plenty and the longer, wider and roomier ES beats the pants off the IS in the space race.

For 2013, interior volume has been slightly increased due to the addition of about five centimetres between the front and rear wheels. That adjustment makes the ES more livable, especially for rear-seat riders, but it's the car's outward appearance that's bound to make it a lot more likeable. Lexus's new character-building corporate face features a prominent lower air intake that first appeared on the GS sedan, along with restyled headlights and shapelier hood. It's a look that will show up on the rest of the fleet in due course.

In addition, the backside has been reworked to give the sedan a bit more bustle. The physical adjustments add considerable sparkle to what had been a design that for years was unnecessarily understated.

With its luxurious cabin environment, stress-free engine performance and trouble-free reliability, the ES should continue to garner serious consideration from entry-luxury shoppers. Dial in an invigorated redesign plus a fuel-sipper option and more folks than ever will likely vote y-ES.

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Are you superstitious? I think I'm regular-stitious. I walk under ladders, but never carrying a black cat. Motorcyclists seem to be incredibly non superstitious. They think that the most superstitious date on the calendar — Friday the 13th — is the absolute bomb.

It's been a tradition since 1981 to drive your motorcycle to the resort town of Port Dover, Ont., on the shores of Lake Erie, every Friday the 13th, regardless of which month it falls on.

Every year it gets bigger, even the years when the "Black Fridays" show up on cooler months. With the last Friday the 13th of 2012 happening in July, and hot weather on the forecast, many predicted that this would be the biggest turnout ever. And it was.

About 50,000 motorcycles and 150,000 people were the numbers I heard repeatedly. I didn't actually count all the bikes and on-lookers clogging the streets of Dover, because I was too busy getting heat stroke, or what I thought was heat stroke. Turns out I was instantly cured by an adult beverage and some pan-fried Perch at the Erie Beach Hotel. But suffice to say, you couldn't swing a stuffed animal, like say a cat, without hitting leather, chrome, or a large person with a bandana. So I didn't.

Funnily enough, our gang didn't arrive at Dover via bikes, or via cars. Our pal Kirby hosted us in nearby St. Williams, and dropped us off by boat.

Great fun but I wouldn't necessarily recommend the water route, as dock space on that day is super tight. But with so many people on the pier looking at every boat coming into the marina, I can now appreciate how Queen Elizabeth felt on her Jubilee tour down the Thames.

It was my first Friday the 13th at Port Dover. Here are a few impressions and observations of the day, from this rookie attendee.

Last Friday, the 13th that is, saw roughly 50,000 motorcycles invade the town of Port Dover, Ont. MIKE GOETZ/FOR METRO

• Very hot and humid, saved only by a slight breeze.

• Did I mention it was hot?

• A warm day meant a lot of skin was uncovered. As usual, this is good and bad.

• The vibe was awesome. All those bikes and all those people and all that heat and nobody was cranky or pushy.

• The cruiser crowd, which prefers leather and Harley Davidson motorcycles, are definitely the majority, but there was solid representation from all motorcycle genres — sport bikes, vintage, touring, standards, trikes, etc.

• Huge police presence. But they didn't seem to have much to do, other than direct traffic.

• Port-a-potties and hot sun? Not a good combination.

• Very well organized. Only bikes allowed into and out of town by one road, and under the control of those efficient and courteous police officers.

People arriving by car have to park way out of town, in a designated farmer's field, and then get shuttled by school bus.

• Hundreds of bikes rolling into, or out of town, en masse, makes for great mechanical theatre — lots of flashy visuals, amazing soundtrack.

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FROM $56.11 BIWEEKLY!

2005 FORD EXPEDITION

124,546 KM | 5.4L | AUTO
FROM $130.52 BIWEEKLY!

2006 DODGE CHARGER

109,098 KM | 5.7L | AUTO
FROM $151.76 BIWEEKLY!

2002 PONTIAC MONTANA

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www.kgkclinic.com
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Horoscopes

♈ Aries
March 21 - April 20
Temptation will come knocking today. Do you answer the door and let it in or do you call on all your powers of self-control and ignore it? Only you can decide, but consider this: Is enjoying yourself really a sin?

♉ Taurus
April 21 - May 21
You may find it hard to control your emotions today. Pluto, planet of extremes, will make you a bit touchy and maybe a bit jealous too. So, watch you don't go over the top and say something you'll later regret.

♊ Gemini
May 22 - June 21
Someone you work with seems determined to find fault with everything you do and it's getting you down. All you can do is sit tight and wait for him or her to get fed up with his or her carping.

♋ Cancer
June 22 - July 23
Close your ears to gossip because hardly any of what you hear today will be true. Someone is trying to poison your mind against a person you have known and trusted for years. Don't fall for it.

♌ Leo
July 24 - Aug. 23
Steer clear of a feud that is none of your business. If you get involved, it will make it appear you have taken sides. Before you know it, you'll be involved in a war of words no one can win.

♍ Virgo
Aug. 24 - Sept. 23
The more others say you need to make changes, the more you must resist. This is not the right time to throw everything up in the air. That applies as much to your personal life as it does to your career.

♎ Libra
Sept. 24 - Oct. 23
Something you have grown used to over the years will go out of your life today but that's good because it has been taking up more time and space than it deserves. Make room for new things.

♏ Scorpio
Oct. 24 - Nov. 22
Don't be silly and make promises you might want to back out of later on. And don't use emotional blackmail to get what it is you most desire. What will you do if your bluff is called?

♐ Sagittarius
Nov. 23 - Dec. 21
Both at home and at work you should strive for a more relaxed and forgiving attitude today — not because others deserve to be forgiven but because it will be you who suffers most if you get uptight.

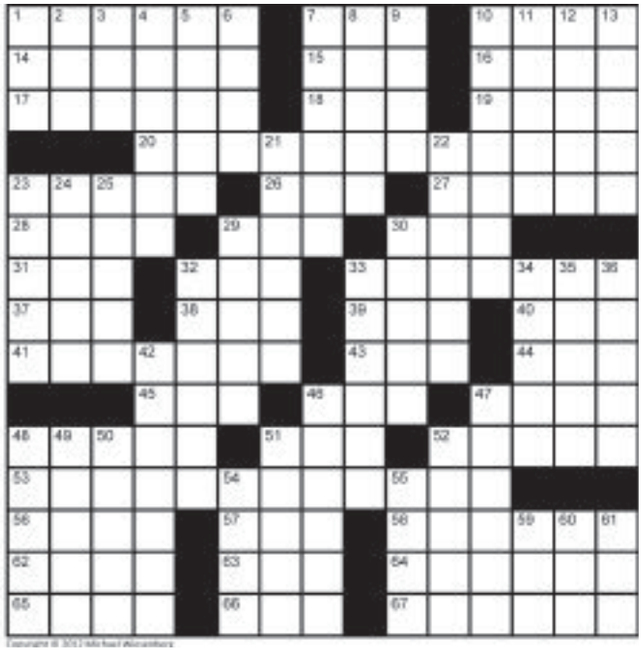
♑ Capricorn
Dec. 22 - Jan. 20
If things don't work out the way you plan today, chances are it's only a temporary setback. There's no need to panic. Have more patience with yourself and, most importantly, think long-term in everything you do.

♒ Aquarius
Jan. 21 - Feb 19
No matter how much others may say you should loosen the purse strings, you know it's the wrong thing to do. Luxury items must stay off your shopping list until such time as you can afford them.

♓ Pisces
Feb. 20 - March 20
Passions will be running high today, so think before you act both at home and at work. If someone in your family does not like the friends you hang out with come right out and ask them why. SALLY BROMPTON

Crossword: Canadianisms

BY MICHAEL WIESENBERG



Across
1. "No, really?" in Newfoundland
7. Canadian name for US calls soda
10. Isl. S of Aus.
14. Antique photos
15. One in the East
16. Concept, in Québec
17. Bend an elbow
18. "Sprechen ___ Deutsch?"
19. Track event
20. Hooch on Prairies; in ON, mix of beer, vodka, lemonade
23. Noted lover
26. Majors in acting
27. "Oye como va, mi ___"
28. Hatchet man
29. Pub mate
30. "But ___ me a canny hour ...": Burns
31. Crude msmt.
32. Guar ___
33. Tykes' clothing chain
37. Internet giant
38. *7 Faces of Dr.* ___
39. ___ possidetis: as you possess, at law
40. "Achtung Baby" producer Brian
41. Double 12-pack of Molson's or Moosehead
43. *Star Trek* letters
44. Scotsman's wee drap-pie
45. Car safety feature
46. E-I fill
47. Car roof with removable panels
48. Stadium cousin
51. Dog's bark
52. Poseur
53. Coffee with 2 creams, 2 sugars at 10-Down
56. Bards strings
57. Chevys, Cads
58. Clectoral district: Canadian term
62. Green subj.
63. "Shoo!"
64. Fatigue cause
65. Nap
66. Sides in cricket
67. Swindled

Down
1. Fed. tax
2. Wu ___: tenet of taoism
3. PC program
4. RCA Victor dog
5. *Jungle Book* bear
6. 1914 Belgian battle line
7. Shoved
8. Cooling
9. Mackenzie tributary in YT and NT
10. Canada's quintessential fast food place, familiarly
11. "We owe you ___ of gratitude"
12. "Call 'em as I ___"
13. Montréal's underground
21. Hue and cry
22. Containing a certain precious element
23. Morocco capital
24. *The* ___ *Incident*: 1943 Western
25. ___ Yello soft drink
29. Hawaiian fests
30. Men's briefs, on the Prairies
32. ___ warming
33. Chinese self-defense
34. Place to eat, in PQ
35. Workers' group
36. Overly sentimental
42. Part of car's cooling system
46. What Canadians expect by late summer
47. PQ corner, variety, or convenience store
48. Holmes's adversary Irene
49. Rolls partner
50. Italian money
51. Sys ___: IT VIP
52. Either of two noted Roman authors
54. Frozen waffles
55. Boast
59. Baby-sitter's headache
60. Never: Ger.
61. Flit about

Yesterday's crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

3					7		2	
			4	2			9	
	8		6					1
	6	8		4				
1			3		6			4
				9		5	7	
4					9		5	
	3			1	5			
	5		2					8

Yesterday's Sudoku

1	8	5	2	7	3	9	4	6
4	9	2	1	6	5	8	7	3
6	7	3	9	8	4	1	5	2
2	1	4	6	9	8	7	3	5
8	6	7	3	5	1	2	9	4
5	3	9	7	4	2	6	8	1
7	4	8	5	1	6	3	2	9
9	2	1	4	3	7	5	6	8
3	5	6	8	2	9	4	1	7

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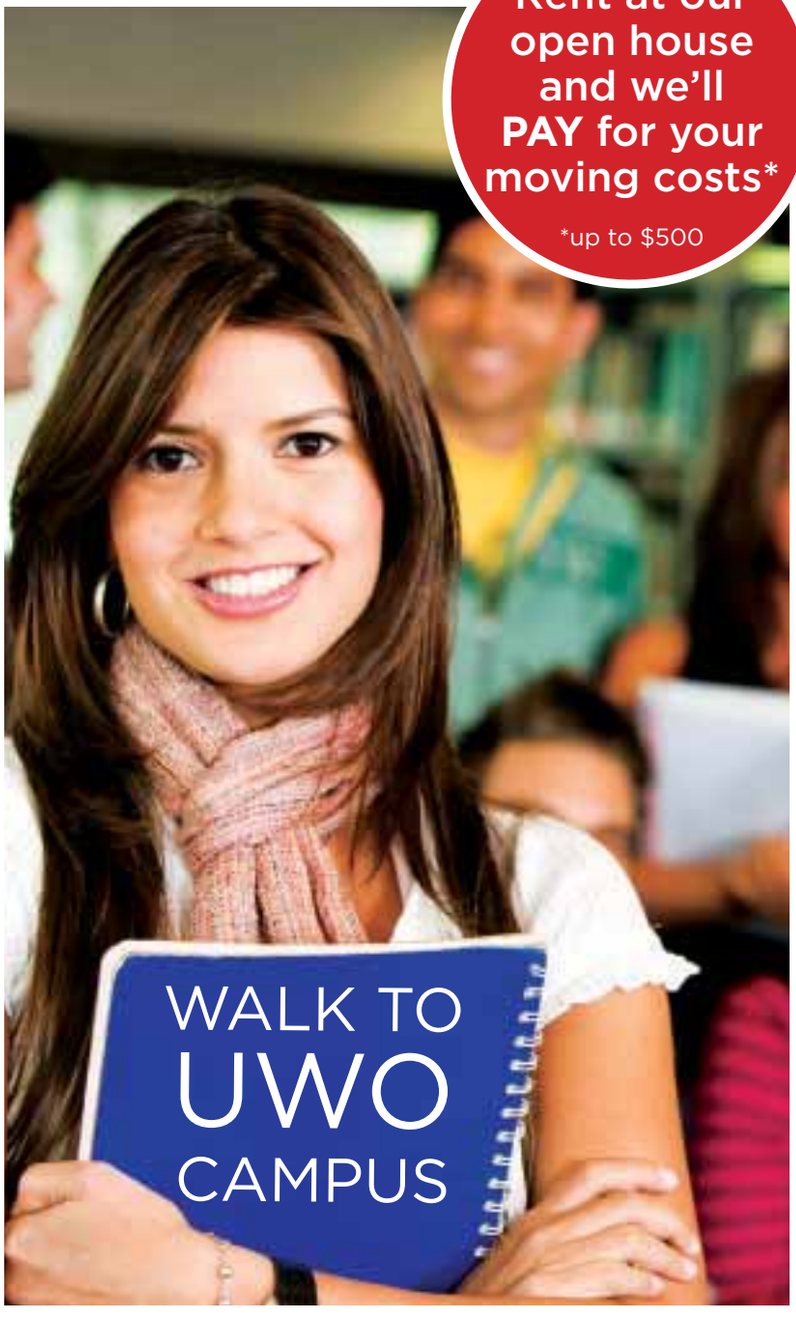

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